Brainspotting **APPLICATION FORM**

Application for Recertification As A Brainspotting Practitioner

See Pages 2-3 for Requirements for Certification

Basic Information

Name:	Degree:
Professional License type (if applicable):	Licensing State and # (if applicable):
Work address:	
Email:	Phone:
Place of employment or practice:	
Highest level of education attained:	Institution awarding highest degree:
Years of experience as a licensed practitioner (if applicable):	
If you are practicing Brainspotting in a healing practice or other capacity that does not require degree or licensure, please describe here:	

Certification

Date of Initial Certification or Last Recertification:	Consultant/Trainer for Recertification:
BSP Intensive for the purpose of re-certification? Yes / No	Date(s) of recertification meeting(s):

Fees & Renewal

- Two year renewal $100 fee

Make checks payable to Brainspotting Trainings LLC

Send check and application to
David Grand, PhD .
2415 Jerusalem Avenue Suite 105
Bellmore, NY 11710

Brainspotting

APPLICATION FORM

Application for Certification As A Brainspotting Practitioner Requirements for Certification

The Brainspotting Certification Standard Committee has accepted and voted upon the following standards, which will be implemented starting November 1, 2025

Requirements for Initial Certification:

1. Complete Phases 1 and 2, and one advanced training of your choice (Phases 3-5 or Masterclass).
2. Document 50 Brainspotting sessions representing the frame set-ups from Phases 1 & 2. Generally, these sessions are in the context of clinical or professional work. Use of any documented sessions outside of clinical settings should be discussed with the consultant.
3. Complete a minimum of 6 hours of consultation with the same Approved Brainspotting Consultant (only 2 hours of consultation before completing Phase 2 can count towards certification) OR complete a 5-day Brainspotting Intensive with an Approved Brainspotting trainer.
4. Complete your application, payment, and provide your documented hours and a copy of liability insurance (or request a waiver of liability insurance) to Brainspotting Trainings, LLC. Your consultant will provide you with their completed Consultant Report to be turned in with your application.
5. Complete certification within 2 years of completing the final course needed to meet certification requirements

Two-Year Certification Renewal Requirements:

To renew your certification every two years, you will need to:

1. Document, in-depth, one of each of the nine Phase 1 and Phase 2 frame set-ups including the following:

    - Date and Anonymous Brainspotting Recipient Identifier
    - Presenting issue
    - Frame Set-up used
    - Briefly describe what motivated you to choose this frame set-up
    - Briefly describe the recipient's process
    - Briefly describe your experience of the process (Consider reflecting on attunement, staying in the tail of the comet, limbic countertransference.)

2. Complete 1 hour of consultation with an Approved Brainspotting Consultant or a 5-day Brainspotting Intensive with an Approved Brainspotting Trainer. Use the prompts below to prepare for your consultation. No written documentation is required for the consultation meeting; instead, be ready to discuss the following prompts in detail.

    - Review the Brainspotting Consultant's Report and clearly identify at least 3 principles or practices that you feel are a strength and at least 3 principles or practices where you need support.

    - Provide an in-depth description of your experience of providing Brainspotting for an individual/couple or family, including how you've understood their process, how you have used Brainspotting with them, the ways Brainspotting has helped them, and how this experience has influenced your own practice.

    - Describe how your own Brainspotting has continued to support you.

3. Complete the renewal application, payment, and provide your 9 documented Brainspotting Sessions, and a copy of liability insurance (or request a waiver of liability insurance) to Brainspotting Trainings, LLC.

Individual exceptions will be determined by the Brainspotting Consultant and BTL.